

Food for Thought
Wednesday 1/2/23

Happiness is not having what you want
But rather it is appreciating what you have.

Proverbs 27:20

Hell and destruction are never full; so the eyes of man are never satisfied.

Food for Thought
Thursday 2/2/23

Life is an opportunity, benefit from it.

Life is beauty, admire it.

Life is a dream, realize it.

Life is a challenge, meet it.

Life is a duty, complete it.

Life is a game, play it.

Life is a promise, fulfill it.

Life is sorrow, overcome it.

Life is a song, sing it.

Life is a struggle, accept it.

Life is a tragedy, confront it.

Life is an adventure, dare it.

Life is luck, make it.

Life is life, fight for it."

Mother Teresa

John 10:10

The thief cometh not, but for to steal, and to kill, and to destroy: **I am come that they might have life, and that they might have it more abundantly.**

Food for Thought
Friday 3/2/23

To succeed in life you need three things
A backbone, A wishbone. and A funny-bone

[Ecclesiastes 3:4](#)

A time to weep, and a time to laugh; a time to mourn, and a time to dance;

Food for Thought
Monday 2/6/23

By the Grace of God, I am who I am.
And your approval is not needed.

[Ephesians 6:6](#)

Not with eyeservice, as **menpleasers**; but as the servants of Christ, doing the will of God from the heart;

Food for Thought
Tuesday 7/2/23

Blessed are we who can **LAUGH** at ourselves.
For we shall never cease to be amused!

[Ecclesiastes 3:4](#)

A time to weep, and a time to **laugh**; a time to mourn, and a time to dance;

Food for Thought
Wednesday 8/2/23

If an egg is broken by outside forces, **LIFE ENDS.**
If broken by inside forces, **LIFE BEGINS.**
Great Things Always begin from Inside.

[James 4:10](#)

Humble yourselves in the sight of the Lord, and he shall lift you up.

Food for Thought
Thursday 2/9/23

Life isn't fair, but
It's still good.

[James 1:2-8](#)

My brethren, **count it all joy** when ye fall into divers temptations; Knowing this, that the trying of your faith worketh patience. But let patience have her perfect work, that ye may be perfect and

Food for Thought

Friday 2/10//23

When in doubt,, pray

Then take a small step.

[Philippians 4:6](#)

Be careful for nothing; but in every thing **by prayer** and supplication with thanksgiving let your requests be made known unto God.

Food for Thought

Monday 2/13//23

Life is to short to waste

Time hating someone.

[Titus 3:3](#)

For we ourselves also were sometimes foolish, disobedient, deceived, serving divers lusts and pleasures, living in malice and envy, hateful, and **hating** one another.

Food for Thought

Tuesday 2/14//23

Be sure to pay off your

Credit cards every month.

[Romans 13:8](#)

Owe no man any thing, but to love one another: for he that loveth another hath fulfilled the law.

Food for Thought

Wednesday 2/15//23

Make peace with your past or

You'll mess up your future.

[Matthew 6:15](#)

But if ye **forgive** not men their trespasses, neither will your Father **forgive** your trespasses.
(THIS INCLUDES YOU)

Food for Thought

Thursday 2/16//23

Cry with someone else, it's

More healing than crying alone.

[1 Samuel 5:12](#)

And the men that died not were smitten with the emerods: and the **cry** of the city went up to heaven.

Food for Thought

Friday 2/17//23

It's OK to question

God He can take it.

Malachi 3:10

Bring ye all the tithes into the storehouse, that there may be **meat** in mine house, and **prove me** now herewith, saith the Lord of hosts, if I will not open you the windows of heaven, and pour you out a blessing, that there shall not be room enough to receive it.

Food for Thought

Monday 2/20//23

It's OK to let your children

See you cry .

1 Timothy 4:12

Let no man despise thy youth; but be thou **an example** of the believers, in word, in conversation, in charity, in spirit, in faith, in purity.

Food for Thought

Tuesday 2/21//23

Don't compare your life to others, you

Have no idea what their journey is all about.

2 Corinthians 10:12

For we dare not make ourselves of the number, or **compare** ourselves with some that commend themselves: but they measuring themselves by themselves, and **comparing themselves among themselves, are not wise.**

Food for Thought

Wednesday 2/22//23

If a relationship has a Secret,

You shouldn't be in it.

Mark 4:22

For there is nothing hid, which shall not be manifested; neither was any thing kept **secret**, but that it should come abroad.

(The devil loves for you to have a secret)

Food for Thought

Thursday 2/23//23

Everything can change in the blink of an

Eye, BUT don't worry, God don't blink.

Romans 8:6

For **to be carnally** minded is death; but **to be** spiritually minded is life and peace.

John 4:24

God is a **Spirit: and** they that worship him must worship him in **spirit and in truth**.

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Food for Thought

Friday 2/24/23 =====

Take a deep breath,

It calms the mind.

Daniel 10:17

For how can the servant of this my lord talk with this my lord? for as for me, straightway there remained no strength **in** me, neither is there **breath** left **in** me. (you'll be surprised at how a deep breath will clear your mind)

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Food for Thought

Monday 2/27/23 =====

In your mind, get rid of anything

That isn't useful, beautiful or joyful.

Ephesians 4:23

And be **renewed** in the spirit of **your mind**;

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Food for Thought

Tuesday 2/28/23 =====

Whatever doesn't kill you,

Really does make you stronger.

James 1:2-4

My brethren, count it all joy when ye fall into divers temptations; Knowing this, that the trying of your faith worketh patience. But let patience have her perfect work, that ye may be perfect and entire, wanting nothing.

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